In the Abstract

Please replace the Abstract with the following amended paragraph:

A training bench for cyclists includes a framework. The framework has rollers on which the wheels of a bicycle rest. The framework also has a central support including a platform which is connected to the framework with transverse bars, on which it can move. The platform has an elastically deformable anchoring system serving as a holding base for holding a column. At its free end, the column has means for supporting supports the frame of the bicycle. The anchoring system acts as an absorption member for controlling the movement of the bicycle with regard to the platform and the framework.